



Free Training

McDowell Senior Center in partnership with the Smoky Mountain LME/MCO Geriatric and Adult Mental Health Specialty Team are offering FREE training opportunities with contact hours provided through the N.C. Division of Health Service Regulation (DHSR)

All trainings will be held at the McDowell County Senior Center from 1:30p.m.– 3:30p.m.

December 14: The Late Life Buzz

To register, please send an email identifying date(s) of desired class(es) to:

Terry.Spencer@smokymountaincenter.com

Be sure to include full name and enter agency affiliation. (Responses will only occur if class size limit is exceeded.)

Toll-free access to services:

1-800-849-6127 / N.C. Relay 711 for hearing impaired.

www.smokymountaincenter.com.