



McDowell Memory Café

**Thursday November 29, 2018 from 9:30 a.m. to 11:30 a.m. at
McDowell Senior Center**

The next McDowell Memory Café will be our Holiday Café on Thursday, November 29 from 10:00 a.m. until 11:30 a.m. at the McDowell Senior Center. The Holiday Memory Café program will reflect on fond memories of the holidays. Come join the group in remembering past Thanksgiving, Christmas and New Year Days. Please call so that the correct number of special holiday meals can be prepared. Arrive to the event from 9:30 to 10 a.m. The holiday brunch will begin at 10 a.m. Memory care trained volunteers will assist registered guests attending the café.

As the McDowell Memory Care Café Volunteer Group continues providing an appropriate environment for community socialization for family, friends or loved ones with dementia, please join us if you have a family member or friend who has dementia and needs support with caring for your loved one with dementia.

Both the caregivers and their loved ones or clients with dementia are invited to participate in the monthly McDowell Memory Café to enjoy fellowship and a free special holiday meal. Caregivers of persons with dementia are welcome to participate to learn about supportive options. All participants with dementia should be accompanied by a family member, caregiver, or friend to the café. Anyone who wants to participate should call Weyland Prebor, the McDowell Senior Center Director, at 828-659-0823.